

# GISA FOOD MENU – JUNE

## 1st – 5th June

DAY	MAIN	DESSERT
Monday	Jollof Rice & Grilled Chicken	Watermelon
Tuesday	Creamy Chicken Pasta	Banana
Wednesday	Fried Rice & Beef Strips	Pineapple
<b>Thursday (Veg)</b>	<b>Veggie Coconut Curry &amp; Rice</b>	Mango
Friday	Pizza	Yogurt

## 8th – 12th June

DAY	MAIN	DESSERT
Monday	White Rice & Chicken Stew	Orange Slices
Tuesday	Spaghetti Bolognese	Banana
Wednesday	Waakye & Fish	Watermelon
<b>Thursday (Veg)</b>	<b>Veggie Stir Fry Noodles</b>	Pineapple
Friday	Fish Fingers & Potato Wedges	Cake

## 15th – 19th June

DAY	MAIN	DESSERT
Monday	Jollof Rice & Beef	Apple
Tuesday	Chicken Nuggets & Fries	Banana
Wednesday	Rice Balls & Palmnut Soup	Mango
<b>Thursday (Veg)</b>	<b>Margherita Pizza / Veggie Pizza</b>	Pineapple
Friday	Tuna Pasta	Fruit Yogurt

## 22nd – 26th June

DAY	MAIN	DESSERT
Monday	Fried Rice & Chicken	Watermelon
Tuesday	Spaghetti Ragù	Banana
Wednesday	Plantain, Grilled Chicken & Veggies	Orange Slices
<b>Thursday (Veg)</b>	<b>Veggie Fried Rice</b>	Pineapple
Friday	BBQ Chicken Wings & Sweet Potatoes	Mango

## 29th – 30th June

DAY	MAIN	DESSERT
Monday	Coconut Rice & Chicken Sauce	Apple
Tuesday	Macaroni & Cheese with Chicken Bites	Banana